



Campus Hills Pool

919-560-4444

Schedule: September 3- October 27, 2019

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6 a.m. – 7 a.m.	Lap Swim (4)* Swim Team 6 a.m.-7:45 a.m.	Lap Swim (8)	Lap Swim (4)* Swim Team 6 a.m.-7:45 a.m.	Lap Swim (8)	Lap Swim (4)* Swim Team 6 a.m.-7:45 a.m.		
7 a.m. – 8 a.m.	Lap Swim (4)* Swim Team 6 a.m. -7:45 a.m.	Lap Swim (8)	Lap Swim (4)* Swim Team 6 a.m. -7:45 a.m.	Lap Swim (8)	Lap Swim (4)* Swim Team 6 a.m. -7:45 a.m.		
8 a.m. – 9 a.m.	Lap Swim (8)*	Lap Swim (8)*	Lap Swim (8)*	Lap Swim (8)*	Lap Swim (8)*	Lap Swim (5)* Swim Team 8 a.m. -10 a.m.	
9 a.m. – 10 a.m.	Lap Swim (8)*	Lap Swim (8)*	Lap Swim (8)*	Lap Swim (8)*	Lap Swim (8)*	Lap Swim (5)* Swim Team 8 a.m. -10 a.m.	
10 a.m. – 11 a.m.	Lap Swim (5)* Recreational Swim	Lap Swim (5)* Recreational Swim	Lap Swim (5)* Recreational Swim	Lap Swim (5)* Recreational Swim	Lap Swim (5)* Recreational Swim	Lap Swim (5)* Swim Lessons	
11 a.m. – 12 p.m.	Lap Swim (5)* Recreational Swim	Lap Swim (5)* Recreational Swim	Lap Swim (5)* Recreational Swim	Lap Swim (5)* Recreational Swim	Lap Swim (5)* Recreational Swim	Lap Swim (5)* Swim Lessons	
12 p.m. – 1 p.m.	Lap Swim (4) Water Exercise 12:15 p.m. – 1 p.m.	Lap Swim (4) Water Exercise 12:15 p.m. – 1 p.m.	Lap Swim (4) Water Exercise 12:15 p.m. – 1 p.m.	Lap Swim (4) Water Exercise 12:15 p.m. – 1 p.m.	Lap Swim (4) Water Exercise 12:15 p.m. – 1 p.m.	Lap Swim (5)* Swim Lessons	

**The number of lap lanes available is limited during this time. The approximate number of lanes expected to be available is noted.*

Note: Schedule subject to change based on program and facility needs. In order to maintain a safe swimming environment, facility management may have to periodically limit pool admission until those patrons already admitted have exited.

Swim Lessons: Swim Lessons will begin **Saturday, September 8- October 26** and **Sunday, September 9-October 27** for weekend lessons. **Weeknight lessons will begin September 16-October 11, Mondays-Thursdays evenings.** Make-up lessons will be held on Fridays as needed. We will have Saturday lessons from 10 a.m.-12:30 p.m. and Sunday Lessons from 1:15p.m.-2:30 p.m.. We will have evening lesson from 5:00 p.m.-8:00 p.m.

Water Exercise: Classes are now Monday- Friday at 12:15 p.m.-1:00 p.m. Evening Water Exercises classes will be on Tuesdays and Thursdays 7:00 p.m.-7:45 p.m.



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919-560-4444

Schedule: September 3- October 27, 2019

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1 p.m. –4 p.m.	Lap Swim (4) Recreational Swim	Lap Swim (4) Recreational Swim	Lap Swim (4) Recreational Swim	Lap Swim (4) Recreational Swim	Lap Swim (4) Recreational Swim	Lap Swim (4) Recreational Swim	Lap Swim (3) Recreational Swim Swim Lessons
4 p.m.-5 p.m.	Lap Swim (5)* Swim Lessons	Lap Swim (2)* Swim Lessons Swim Team 4:30 p.m. – 6:30 p.m.	Lap Swim (5)* Swim Lessons	Lap Swim (2)* Swim Lessons Swim Team 4:30 p.m. – 6:30 p.m.	Lap Swim (8)* Make-up Swim Lessons.	Lap Swim (4) Recreational Swim	Lap Swim (2) Recreational Swim Swim Team 3 p.m.-5 p.m.
5 p.m. – 6 p.m.	Lap Swim (2)* Swim Lessons Swim Team 5 p.m. – 6 p.m. 6:30 p.m.-8 p.m..	Lap Swim (2)* Swim Lessons Swim Team 4:30 p.m. – 6:30 p.m.	Lap Swim (2)* Swim Lessons Swim Team 5 p.m. – 6 p.m. 6:30 p.m.-8 p.m.	Lap Swim (2)* Swim Lessons Swim Team 4:30 p.m. – 6:30 p.m.	Lap Swim (5)* Make-up Swim Lessons. Swim Team 5 p.m. – 6 p.m. 6:30 p.m.-7:30 p.m..		
6 p.m. – 7 p.m.	Lap Swim (2)* Swim Lessons Swim Team 5 p.m. – 6 p.m. 6:30 p.m.-8 p.m.	Lap Swim (2)* Swim Lessons Swim Team 4:30 p.m. – 6:30 p.m.	Lap Swim (2)* Swim Lessons Swim Team 5 p.m. – 8 p.m.	Lap Swim (2)* Swim Lessons Swim Team 4:30 p.m. – 6:30 p.m.	Lap Swim (5)* Make-up Swim Lessons Swim Team 5 p.m. – 6 p.m. 6:30 p.m.-7:30 p.m..		
7 p.m. – 8 p.m.	Lap Swim (2)* Swim Lessons Swim Team 5 p.m. – 6 p.m. 6:30 p.m.-8 p.m.	Lap Swim (2)* Swim Lessons. Water Exercise 7p.m. – 7:45 p.m.	Lap Swim (2)* Swim Lessons Swim Team 5 p.m. – 6 p.m. 6:30 p.m.-8 p.m.	Lap Swim (2)* Swim Lessons Water Exercise 7p.m. – 7:45 p.m.	Lap Swim (5)* Make-up Swim Lessons Swim Team 5 p.m. – 6 p.m. 6:30 p.m.-7:30 p.m..		

**The number of lap lanes available is limited during this time. The approximate number of lanes expected to be available is noted.*

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Closures/ Holidays: Monday, September 3-Closed in observances of Labor Day.

Water Safety Instructor Training: WSI training will be held at Campus Hills from Monday, September 30-Monday, Oct. 14 on Monday and Wednesday evenings from 5 p.m.-9 p.m. and Saturdays from 12 p.m.-6 p.m. This may impact lane space on training days.

See reverse side for additional programming

Revised 8/30/2019