Eagle Trail (Blue Blaze - 1.8 mi)

The Eagle Trail stretches for nearly two miles along the north bank of the Eno River, passing westward from quiet waters of the millpond to the Sennett Hole before finally reaching Guess Road. The trail offers magnificent views of the Catawba rhododendron and mountain laurel clinging to the rocky bluffs on the opposite bank. The trail is named in appreciation of the many Eagle Scouts who have labored countless hours over the years in the completion of various Park improvement projects.

Sennett Hole Trail (Red Blaze – .15mi)

The first mill on this stretch of the river was located here and was known as Synnott’s Mill. In operation by 1752 and owned by Michael Synnott (who later came to be called Sennett). This mill did not survive the competition from the 1778 West Point Mill about 2000 yards down stream. The West Point Mill had an excellent ford nearby and a new road (Roxboro Road) leading north and south from it which combined to make it a more advantageous location.

Legend states that Synnott was a miserly bachelor who buried a pot of Spanish gold in the river where his water wheel turned, now known as the Sennett Hole, and that it has never been found.

South River Trail (Yellow Blaze – .52mi)

Ancient tangles of mountain laurel still remain clinging to the more inaccessible cliffs and narrow ledges above the river. In the spring, the display of pink and white laurel is an irresistible attraction. Under the laurel are patches of wintergreen, galax, rattlesnake plantain, and ginger. Another unusual attraction is the occasional stand of large beech trees that escaped limbering because of their inaccessibility.

Buffalo Trail (White Blaze – .4 mi)

In the fifteenth century some 60 million Bison grazed from the Atlantic almost to the Pacific, and there was a healthy population around the Eno River. Just as it was common for European settlers to take over for themselves the fields and paths that the Indians had already cleared, so too did the Indians take over buffalo-worn paths for their trails and trading routes. The buffalo trail here was further improved in the 1800’s for utilization as a farm road.

Laurel Cliffs Nature Trail (Yellow Blaze – .37 mi)

This trail follows a portion of the South River Trail and is marked with sixteen numbered guideposts. A special brochure with interpretive information is available in a box at the trail entrance across from the large picnic shelter.